

# Run for the Hills 5k



Hosted by Harlan Rotary Club

Saturday, June 4<sup>th</sup>, 2022

8:00 a.m. at the Harlan County Court House

## Registration & Fees:

Pre-Register \$20.00 by May 27, 2022

Day of race \$25.00 (No T-shirt Guarantee)

This will be a timed race and there will be trophies for age divisions including 12 and under, 13-19, 20-29, 30-39, 40+ in both male and female. Registration will open at 7:00 a.m. on the day of the race and start time will be 8 a.m.

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_  
Sex: (circle one): Male/Female Age (As of June 2, 2022): \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_ T-shirt Size: \_\_\_\_\_  
In case of Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Fill out completely with entry fee payable to:

Harlan Rotary Club

PO Box 549

Loyall, KY 40854

For any questions, please contact Jennifer Collins at (606) 273-9990

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### Run for the Hills 5k Release:

I know that running in races can be a potentially hazardous activity. I should not enter and run in the Run for the Hills 5k unless I am medically able to and properly trained. I agree to abide by any decision of an event official relative to my ability to complete the 5k. I assume all risks associated with running, walking, jogging, and/or volunteering to participate in the aforementioned run, including but not limited to falls, humidity, ice and snow, the condition of the road and any traffic on the course, or any other risks presented in the 5k. All the risks are known and appreciated by participant. Having read this waiver and knowing these facts, and in consideration of your acceptance or my application, I for myself and anyone entitled to act on my behalf, waive and release the Harlan Rotary Club and the City of Harlan Tourist and Convention Commission, any and all members thereof, all the further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photography, motion pictures, recordings, or any other record of this event for any legitimate purpose. Remember that we reserve the right to remove anyone from the race who exhibits poor conduct or is abusive toward our volunteers.

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Signature of participant or legal guardian (if under 18)

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Date