

Red, White & Zoom! 5K
Hosted by Harlan Tourism & Harlan County Track & Field Boosters
Tuesday, July 4th, 2023
Registration at 8:30AM Race at 9:00AM - Harlan Center



Registration & Fees:

Pre-Register \$15.00 by July 3rd, 2023

Day of Race: \$20 (No T-Shirt guarantee)

This will be a timed race and there will be medals for age divisions including 12 and under, 13-18, 19-29, 30-39, 40+ in both male and female.

Name: Last: _____ First: _____

Sex: (Circle one): Male Female TSHIRT SIZE: _____

Age (As of 07/03/23') _____ Birthdate: m. _____ d. _____ y. _____

Address: _____

City: _____ State: _____ Zipcode: _____

Phone: (____) _____ - _____ Email; _____

In case of emergency contact: _____ Phone: _____

Fill out completely with entry fee payable to:

Harlan Tourism

PO BOX 489, Harlan, KY 40831

For any questions please contact us at (606)573-4495

RED WHITE & ZOOM! 5K RELEASE:

I know that running in races can be a potentially hazardous activity. I should not enter and run in the Red, White, and Zoom! 5K unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to complete the 5k. I assume all risks associated with running, walking, jogging, and/or volunteering to participate in the aforementioned run, including but not limited to falls, humidity, ice and snow, the condition of the road and traffic on the course, or any other risks presented in the 5k. All of these risks are known and appreciated by participant. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release the City of Harlan Tourist and Convention Commission and Harlan County High School Track & Field, Boosters, any and all members thereof, and all further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose. Remember that we reserve the right to remove anyone from the race who exhibits poor conduct or is abusive toward our volunteers.

Signature of participant (If under 18, parent's signature)

DATE